JAN - SENIOR CENTER 385-201-1065 UNITED WAY BUS 801-374-9306 NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Swedish Meatballs	Corn Chowder	French Toast Sticks / Syrup	Honey Baked Ham	Salisbury Steak
Rice	Green Beans	Scrambled Eggs	Scalloped Potatoes	Mashed Potatoes/Gravy
Carrots	Jello w/ Fruit	Sausage Links	Beets	Mixed Vegetables
Pears	Corn Bread	Apple	Fruit	Pears
Roll		A Laboratory	Roll	Roll
			Brownie	
8	9	10	11	12
Creamed Chicken / Rice	Beef & Vegetable Soup	Ham & White Beans		Garlic Beef
California Vegetables	Tossed Salad w/Dressing	Cabbage	Z X X X X X X	Roasted Baby Potatoes
Pineapple Roll	Corn Bread Apple Crisp	Corn Bread Applesauce	Veterans	Peas Mixed Fruit F <u>lu</u> ff <u></u>
Koli	Apple Clisp	Applesauce	** Day **	Roll
15	16	17	18	
Country Fried Steak	Shepherd's Pie	Chicken Salad Wrap	Teriyaki Chicken Bowl	Turkey / Stuffing
Mashed Potatoes/Gravy	Carrots	Italian Pasta Salad	Steamed White Rice	Mashed Potatoes/Gravy
Mixed Vegetables	Cottage Cheese w/ Fruit	Pickles	Broccoli	Carrots
Peaches Give	Chocolate Brownie	Pears Give Thanks	Apple	Mandarin Oranges
Roll			Roll	Roll / Pumpkin Pie
Malibu Chicken	23 Chicken Pot Pie w/ Biscuit	Meatloaf 24	25	26
Au Gratin Potatoes		Mashed Potatoes / Gravy	TIDDIVI	
Green Beans	Jackie's Cake	Corn Stravy	Happy	
		Orange Orange	TTL DATLC	- ST TE A 777
Mandarin Oranges Roll		Roll	Thanks	aiviva
Roll		Roll	بتبابين	
29	30	MEALS MUST BE	ΔI TERNΔ	TE MEALS
Sweet & Sour Chicken	Cheesy Pasta Bake	CALLED INTO THE	Nov 1-5 Chef's Salad	Nov 24 Chicken Noodle
Steamed White Rice	Green Beans	CENTER BY NOON THE	Nov 8-9 Vegetable Beef	Nov 29-30 Chef's Salad
Stir Fry Vegetables	Garlic Roll	DAY BEFORE TO	Nov 10-12 Chicken Noodle	229
Mandarin Oranges	Applesauce	RESERVE A MEAL	Nov 15-19 Chef's Salad	
Fortune Cookie		385-201-1065	Nov 22-23 Cr of Broccoli	
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